



HOLY TRINITY
CHURCH



Leadership Team

Rev Dr Alan McCann	028 9336 2126
Lay Reader - Jack Blair	07766 527 552
Music Ministry – Louise Hanley	028 9332 8976
Rector's Churchwarden – Richard Hambleton	07857 143 357
People's Churchwarden – Karen Hambleton	07767 157 037
People's Glebewarden – Fred Shasko	07999 854 267
Select Vestry Secretary –	
GB Captain– Hannah Hulme	07889 052 993
BB Captain – Contact Admin Office	028 9335 5609
Contact for Light – Christine McDermott	07746 041 007
Church Admin Secretary	028 9335 5609

OCTOBER 2024

**A Bible in their hands
A Saviour in their hearts
A Purpose in their lives**

www.holytrinitycarrick.org.uk

Table of Contents

<u>LETTER TO PARISHIONERS</u>	3
<u>ALAN'S BIBLE STUDY & PRAYER TIME</u>	5
<u>HARVEST FAYRE</u>	6
<u>HOLY TRINITY BOWLS FELLOWSHIP</u>	7
<u>C.M.S IRELAND USED POSTAGE STAMPS</u>	7
<u>MEN GETTING TOGETHER</u>	8
<u>HARVEST APPEAL</u>	8
<u>SAMARITANS PURSE CHRISTMAS BOXES</u>	8
<u>SCRAP TO MONEY TO CROSSLINKS</u>	9
<u>RAF - BATTLE OF BRITAIN WINGS APPEAL</u>	9
<u>STOREHOUSE</u>	9
<u>FIELDS OF LIFE</u>	10
<u>A CONTENT PARISHIONER</u>	11
<u>SELECT VESTRY</u>	12
<u>TRINITY TOTS - TODDLERS GROUP</u>	12
<u>YOUNG AT HEART</u>	13
<u>PRAYER TEAM</u>	13
<u>CARRICKFERGUS FOOD BANK (JVC CHURCH)</u>	14
<u>STAND BY ME</u>	14
<u>FELLOWSHIP CAFÉ AT HOLY TRINITY</u>	20
<u>CRECHE ROTA -OCTOBER 2024</u>	21
<u>CARRICKFERGUS BABY BANK</u>	21
<u>TEA & COFFEE ROTA</u>	22
<u>WELCOME TEAM ROTA</u>	23
<u>HOLY TRINITY CHAIR ROTA</u>	24
<u>UPLIFT</u>	25
<u>BB HERITAGE MUSEUM</u>	26
<u>SUNDAY SERVICES</u>	28

Letter to Parishioners

Reading: Galatians 6 versos 9-10 and 17-18



Dear Friends,

I am sure you have heard those all-too-familiar cries of exasperation and, maybe even, desperation. It might well be that a few of them have crossed your mind this morning somewhere between the alarm going off and you getting out of bed:

Going from bad to worse.

Out of the trying pan and in to the fire.

Between a rock and a hard place.

“Cheer up, things could get worse.” So, I cheered up and sure enough, things got worse!

My mother told me there would be days like these, but she never said they would run in packs.

Tough days! We all have them, some more so than others. Some days are really tough and we wonder how on earth we are going to get through. Then there are days when the sun shines and all is well with our world. The truth is life is a mixture of both for many people. Life does not seem to get any easier as we grow older and there is often a looking back with nostalgia at days past when the sun always seemed to shine in the summer, we had snow at Christmas and life was better. Rose tinted hindsight! So what is the answer? How can we handle tough days when the enemy works overtime to persuade us that God does not love us or care about us? Just recently, I have found

encouragement from the verse above. To me there are four gold threads sown in to the fabric of Galatians 6:

Verse 9 - Don't lose heart. On tough days, you gotta have heart. Whatever you do, do not quit. Persevere. Stand firm. Be strong, resilient, determined to see it through. Ask the Lord God to build a protective shield around your heart and remind yourself, often, that He keeps His promises to you.

Verse 10 - Let us do good. On tough days the very opposite is true of our hearts and minds. We often feel like doing evil. Fume, scream, fight, pout, mate even swear but we are certainly easily irritated. Rather than do this we should still our minds, our hearts and souls before God. Consciously turn it all over to God in prayer. Take time out. Sit down in our favourite chair and just pray - a simple, inelegant, short prayer. I often pray the following:

Lord God, you know my heart and my mind and my emotions this morning. You know how I am feeling and that today is an awful day. Please protect my mind, my heart and my soul. Give me rest in my mind, my heart and my body. Help me control my emotions, my thoughts and especially my words. I commit the day in to your hands and help me to rest secure in that. Amen.

Verse 17 - Let no one cause you trouble. This is wonderful advice but it is so difficult to do. Remind yourself on tough days that the thorn within your life belongs to the Lord Jesus Christ. So, stop leasing it out to negative thoughts and the enemy to rule.

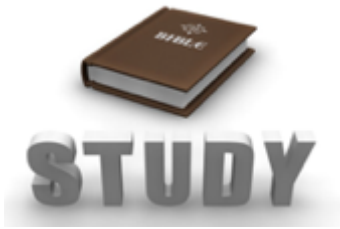
Verse 18 - Let grace be with your spirit. Allow the full impact of grace to flow through your thoughts, your attitudes, your responses and especially your words. Open the gates of your mind and soul and let grace have free rein. Allow grace to soak in to your tough day and allow grace to rule over your tough day. I am not going to pretend it is going to get easy or the difficulties will disappear, they often will not but what

will change is your attitude, your demeanour and your approach to the tough day. Why? Because now the Lord Jesus Christ rules and guides and not the circumstances of your day.

Take a moment now and read again the four verses in Galatians 6. Take a moment and commit the day to Christ and allow His grace to flow in to your heart, mind and soul.

God bless
Rev Dr Alan McCann

Alan's Bible Study & Prayer Time



Bible Study continues on Wednesday's at 1.00pm. We will continue our study in the Psalms.

Please note the following day and times for prayer times and bible study:

Wednesday's

- | | |
|---------------|--|
| 1.00pm-2.00pm | - Lunch time Bible Study in the Bennett Room |
| 7.30pm-8.00pm | - Prayer Time - Kerr Room |
| 8.00pm-9.00pm | - Bible Study |

Everyone will be very welcome.

God bless
Rev Dr Alan McCann

Harvest Fayre



Harvest Fayre

Saturday 19th October
11am to 3pm

Holy Trinity Church, Woodburn,
Carrickfergus

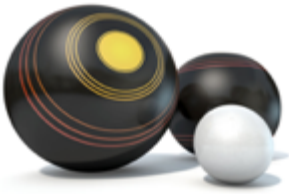
food, crafts, books, jewellery
refreshments plus lots more!

Admission £1 - Kids go free

A Holy Trinity Fundraising event



Holy Trinity Bowls Fellowship



Your Invitation to join us

Where do we meet: Holy Trinity Church – Prospect Road

When: Every Thursday - 7.30 pm

Why should you come??

Our emphasis is on - FRIENDLINESS

Do we play league matches ? - No

No pressure to play matches at home or away

Never played before? - We will show you how

No bowls? - No Problem – we have some

Age Limit? - Yes - Over 18 please (except – see below)

(15-17 – must be accompanied by a parent at all times)

Ask for - Vic or Jack (when you arrive)

Look forward to see you there

God bless
Vic Wooton

C.M.S Ireland Used Postage Stamps



Keep saving those used stamps (remembering to leave a small envelope border) and pop them in the box on the church table or hand them to me. The money raised from their sale continues to support Christian based projects in Africa.

Yvonne Best

Men getting together

When , Second Tuesday of each month,

Time , 7:30pm

Why, men getting together to chat , meet others ,
enjoy each other's company over tea/ coffee

The odd trip out

Come along see how it goes

(unfortunately due to holidays we will not meet until November)

If you want more information please speak to me

Vic Wootton.

Harvest Appeal

The Select Vestry have decided that this year's appeal will go again go towards the refurbishment of the toilet block. The toilets are 32 years old, and we would hope to have the work completed by Christmas. Please use the envelope on the entrance table of you can pay direct into this account, please use the reference harvest.

Sort 950261 Account 00157511 Holy Trinity Church No 2 Account

Samaritans Purse Christmas Boxes - Operation Christmas Child.



Thank you to everyone who took a shoe box or two.
If you wish to donate £5 or more towards the postage,
please give money to Drew, don't send the money direct
or place into the shoe box. Thank you.

Please return boxes before 27th October 2024.

Scrap to money to Crosslinks

Any **scrap metal** such as; kitchen utensils, car parts, unwanted trampolines, garden gates, tools of any kind, central heating boilers, etc, etc, collected and redeemed for cash, proceeds to **Crosslinks Missionary Society**.

Contact : Lynn Rodgers, 07970974604.

RAF - Battle of Britain Wings appeal.

There will be a retiring collection on Sunday 6th October for the wings appeal.

Storehouse



Storehouse continue to help those in need within our community. Please contact me if you have items of unwanted furniture and I will gladly arrange a collection.

Thank you for your support.

Donna Harrison

Fields of Life



An update on our water programme which Holy Trinity Carrick have generously supported in the past. We would greatly value your prayers for this important work and for our drilling team. Our team are currently based in

Northeast Uganda in Pakwach district. Pakwach is an incredibly difficult area to drill in, with very challenging geological conditions. However, the need is enormous, with a shocking 82% of people still living with no access to clean water.

Earlier this year, in April, I had the privilege of visiting our drilling team when in Uganda. I have had the joy of visiting and spending time with our drillers over many visits over the years and each time, I have been both shocked that people are forced to walk miles every day just to collect dirty water, yet also inspired at the hope being brought to these communities by our drillers and donors through the gift of providing them with clean water. During my trip, I got the opportunity to travel to a community in the Pakwach district where our drillers were working. As with all Fields of Life projects, we travelled to the hard-to-reach places. To reach the community, we drove up a mountain, through areas that didn't even have dirt tracks. It was incredibly isolated, and we passed by murky streams where people were collecting contaminated water because they had no other choice. Eventually, we arrived at an area that looked completely barren and that is where we found our drilling team.

As I looked around, I could see homes lining the periphery. It became clear that this borehole was going to provide clean water for hundreds of families. In fact, one of drillers, Kizito, commented that single borehole would not be sufficient to meet the needs of the surrounding community and that more would need to be added. During our visit, we heard stories of families that had lost children and family members who had fallen while climbing the rocky mountain in search of water. It is truly

mind-blowing how our drilling team continue to place themselves in the hardest and harshest of places, where the need is so extensive.

We would greatly value your prayers for our team as they travel from village to village, away from their families, working long hours to bring the precious gift of clean water to vulnerable communities.

Thank you as always for your faithful partnership,

Helen D'Arcy

A CONTENT PARISHIONER

It is often said that we are a friendly wee bunch at Holy Trinity.

I have just witnessed that first hand.

Following a deterioration in my eyesight I have recently been registered as blind. Although I still have minimal vision, I cannot read what is on the overhead screens.

Without prompting two of our congregation have come to my aid.

Karen Buchanan has printed out all the liturgy and Maurice Langley prints out the hymns every week.

As you can imagine, this has enabled me to play a full part in our weekly service.

See, we are not a bad wee bunch.

Anonymous Contributor

Select Vestry

If anyone wants an item raised at the Select Vestry please contact:

: secretary@holytrinitycarrick.org.uk

Drew Buchanan: treasurer@holytrinitycarrick.org.uk

or any member of SV. This includes booking the church hall for any events.

Hon Secretary

Trinity Tots - Toddlers Group



Thursday mornings, 10.00am - 11.30am
for play, chat, snacks, singing and craft.

How lovely to be back again! Our toddlers have certainly grown over the summer months and it was great to see some are now walking - and running- and others are now beginning to chat. We welcomed some new mums, dads and their children and hope they enjoyed their mornings with us. Please do join us on Thursday mornings, 10.00- 11.30 for play, craft, singing and snacks.

God Bless
Trinity Tots Team

Young At Heart



It was lovely to be back together and welcome some new members too. We enjoyed our card making- we have some very creative and artistic ladies!

Our next meeting will be on Monday 7th October at 11.00 and we are looking forward to hearing our speaker Heather tell us about her life and work in India.

Please join us and feel free to bring any other ladies you would know who would enjoy a cuppa, chat and fellowship with us.

God Bless

Yvonne and her team

Prayer Team

Alison Allen, Joan Harvey & Libby Todd



Two members of the Prayer Team will be meeting in the Prayer Room on Sundays after the service to lift your prayer slips. Two members will also be available at the front of the church to pray with you at this time each week. We will rotate in these roles so you will see different faces from week to week. Please do ask if you

would prefer prayer in the privacy of the prayer room. The slips will continue to be lifted weekly and on 4 occasions as previously (usually over 4 weeks but may be over a longer period). Therefore, please do continue to make use of our prayer request box situated in the front hall of the church. As always, be assured that information on the slips remains confidential. We would encourage you to complete a prayer slip after you have attended for prayer so that we can continue to pray for your situation when we meet together.

If you would be interested in being part of the prayer team we ask that you consider this and know that we would dearly love to have your support. Please do approach one of us.

On behalf of the prayer team

Carrickfergus Food Bank (JVC Church)

Please place non-perishable donations into the 2 black bins in the entrance hall. The food is delivered monthly.

Thank you for the continued support which is very much appreciated.

Stand By Me



*Ethiopia Kindergarten
Education Project*



*Dear Holy Trinity Church,
I am delighted to be able to write and share an update on our Early Years Education Project which you so generously supported. As you know, three years ago Stand by Me began thinking about how we*

could transform our Early Years Education in our two schools in Ethiopia.

We know that around the world one of the greatest gifts we can give our kids is the opportunity of a life changing education. Each year in our schools in Ethiopia we have 80 children who join us in Kindergarten. They are from the poorest families in their communities, many of them have heart breaking stories, and without a place in one of our schools, and the support of sponsorship, most would not have the opportunity to go to school at all.

As part of the Early Years Education Project, a small team of teachers from Northern Ireland, alongside our Ethiopian staff, put together a proposal to transform our Kindergarten classroom environments, which included the provision of new classroom furniture and resources to support a play-based approach to learning.

Last year we celebrated the momentous occasion of the arrival of our shipping container filled with the resources that would allow us to transform our four Kindergarten classrooms in both of our schools. At Easter we had the enormous privilege of sending our team of teachers from Northern Ireland to Ethiopia to take this wonderful project to the next stage.



Seeing the vision become a reality

During the first few days there was much anticipation from our staff and children in Ethiopia about all that would be unpacked from the container that now sits proudly on site in our Bethany School. Students from the older grades helped us to unpack and inventory every item, and incredibly, not one thing was missing for each of our 4 classrooms. The team of teachers from Northern Ireland then delivered 5 days of training, helping our 9 staff members from Bethany School and Abdi Academy to explore how to best use these wonderful resources, and sharing best practice together.

Training together

This training included each of the Kindergarten teachers and their assistants, and also the headmasters of our two schools. Together they explored the value of play based learning and focused on how the new

resources would support children's learning in numeracy, literacy, imaginative role play, construction and outdoor play.



Our Ethiopian staff had already been doing an incredible job of creating a positive learning environment for our smallest children by creating and developing their own handmade resources, crafting items from paper, card, and recycled materials and displaying children's work around the classrooms. This served to create a wonderful foundation on which we were able to build.

As the teachers shared together through training it was apparent that there was so much to be learned together, many similarities in teaching style and practice, and a great excitement at the new resources that would further enhance what our Ethiopian Kindergarten teachers were already doing. With their support we were privileged to help them clear and set up their new learning environments, filled with new tables, chairs and classroom storage, a book corner, a play den, and many

wonderful learning resources to help develop and foster the creativity and imagination of our youngest learners.

On seeing the classrooms for the first time, one of our staff members shared that, "there is nothing like this anywhere in Ethiopia". We are absolutely delighted that because of your generous support there is now, and it will provide our youngest Stand by Me kids the best start to their education not just this year, for many years to come.

Exploring their new classrooms

At the end of the week we welcomed some of our Stand by Me kids into their new classrooms. Aster, one of the Kindergarten staff, shared "we could read the happiness on their faces".



Already, just a few weeks in, our Kindergarten staff and headmasters have observed the benefits for our children. The chairs and tables are a much more suitable size and more conducive to group learning. The opportunity to write on individual blackboards and whiteboards has improved children's pencil skills and writing, while using pegboards and completing jigsaws



have helped to develop fine motor skills. Teachers also have more time for planning lessons because they do not have to spend so much time preparing or creating resources. Our staff have observed that there is even greater enthusiasm among the children to learn, to explore and share the wonderful new resources in their classrooms.

In reflecting on our time together with the wider team Batire, one of our Kindergarten staff in Abdi Academy, shared that through the training “we acquired a lot of knowledge and skills, it motivated us and contributed to our development...we are becoming different teachers”.

Getu, the headmaster at our Bethany School captured the gratitude expressed by all of our staff and on behalf of the children; “I don’t have the words to say thank you...all this is helping our kids to go one step ahead in their education”. Thank you for your wonderful support towards this significant project, helping our children in Ethiopia to have the best possible start to their education, and providing a foundation from which we hope they will continue to flourish and reach their potential.



Laura Farrell

Sponsorship and Advocates Coordinator

Fellowship Café at Holy Trinity



Every Thursday
10.30am – 12.30pm

After our summer break we have returned with a bang!!

Thank you to those of you who have supported us during September. It has been a busy month, just how we like it.

We are, temporarily five members of our team down due to illness plus a change in circumstances but we look forward to welcoming them all back in the near future.

Our prayers are with them during uncertain times.

In the meantime, if anyone out there is free to help on any Thursday morning for a couple of hours please speak to a member of our team. All you will be asked to do is make tea or serve food or wash dishes or just sit and chat with our visitors.

Our 10-year celebration featured in recent editions of Connor Connections magazine and Church of Ireland Gazette.

If you still haven't visited us, please call in any Thursday morning. You will receive a warm and friendly welcome in a safe and comfortable environment where you will be treated to some amazing goodies all washed down with unlimited tea/coffee/juice.

If it's good company and a chance to sit and chat then fellowship café is the place to be. If it's peace and quiet to sit and read a book then we can accommodate that as well. So, no reason not to call in.

You can keep up to date by following us on facebook at:

“Holy Trinity Fellowship Café”

Yours in Christ's service,

Maurice Langley

God is good † all the time

Creche Rota –October 2024



6 th Oct	L. Baird	C. Lafferty
13 th Oct	H. Fittis	L.Kerr
20 th Oct	M. Lunn	G. Fittis
27 th Oct	NO CRECHE FAMILY SERVICE	

Many thanks,
Laura Kerr

Carrickfergus Baby Bank

We thank you for the support and ask for donations of nappies, new baby grows, wipes, lotions, baby bath shampoo etc. Please place the items into the bin provided. The contents are delivered each month.

Tea & Coffee Rota

Team	Team Members			
1	Ann Calvert	Tracey Bowden	Joanne Hunter	
2	Arlene Macartney	Hannah Hulme	Marilyn Hulme	
3	Lorraine Hagan	John Doherty	Gail Doherty	
4	Yvonne Best	Jennifer Hamilton	Gwen Wilson	Jean Jamison
5	Wenda Gray	Sue Majury	Eva Dunn	
6	Kel McDermott	Drew Buchanan	Karen Buchanan	
7	Lorraine Ross	Maureen Lunn	Adrienne Tasker	

Team	Dates	
1		15 th Sept
2		22 nd Sept
3		29 th Sept
4		6 th Oct
5		13 th Oct
6	1 st Sept	20 th Oct
7	8 th Sept	27 th Oct

Karen Buchanan

Welcome Team Rota

Teams	Dates	
Jenny Wightman Karen Buchanan		8 th Dec
Jack Blair Hazel Blair		15 th Dec
Liz Adair Janis Gibson		22 nd Dec
Maureen Lunn Adrienne Tasker		29 th Dec
Eva Dunn Eleanor Steele	29 th Sept	5 th Jan 2025
Sharon McNeill Alison Moffett	6 th Oct	12 th Jan
Libby Todd Marjory Edgar	13 th Oct	19 th Jan
Arlene Macartney Wenda Gray	20 th Oct	26 th Jan
Ann Calvert Lorraine Hagan	27 th Oct	2 nd Feb
Joanne Hunter Laura Kerr	3 rd Nov	9 th Feb
Yvonne Best Jennifer Hamilton Gwen Wilson	10 th Nov	16 th Feb
Kel McDermott Maurice Langley	17 th Nov	23 rd Feb
Donna Harrison Sue Majury	24 th Nov	2 nd Mar
Elaine Wright Joan Cummings	1 st Dec	9 th Mar

Karen Buchanan

Holy Trinity Chair Rota

Team 1	Team 2	Team 3	Team 4	Team 5
Kel McDermott	Dougie Hempton	Graeme Hunter	David Sprott	John Fittis
Colin McIlwaine	Simon McDonald	Jim McNerlan	Charlie Killow	Daniel Lafferty
Garry Richmond	Phil Moody	Bert Macartney	Richard Hambleson	
Peter Moffett		Maurice Langley		

Team	Dates			
1		6 th Oct	3 rd Nov	1 st Dec
2		13 th Oct	10 th Nov	8 th Dec
3		20 th Oct	17 th Nov	15 th Dec
4		27 th Oct	24 th Nov	22 nd Dec
5	29 th Sept			29 th Dec

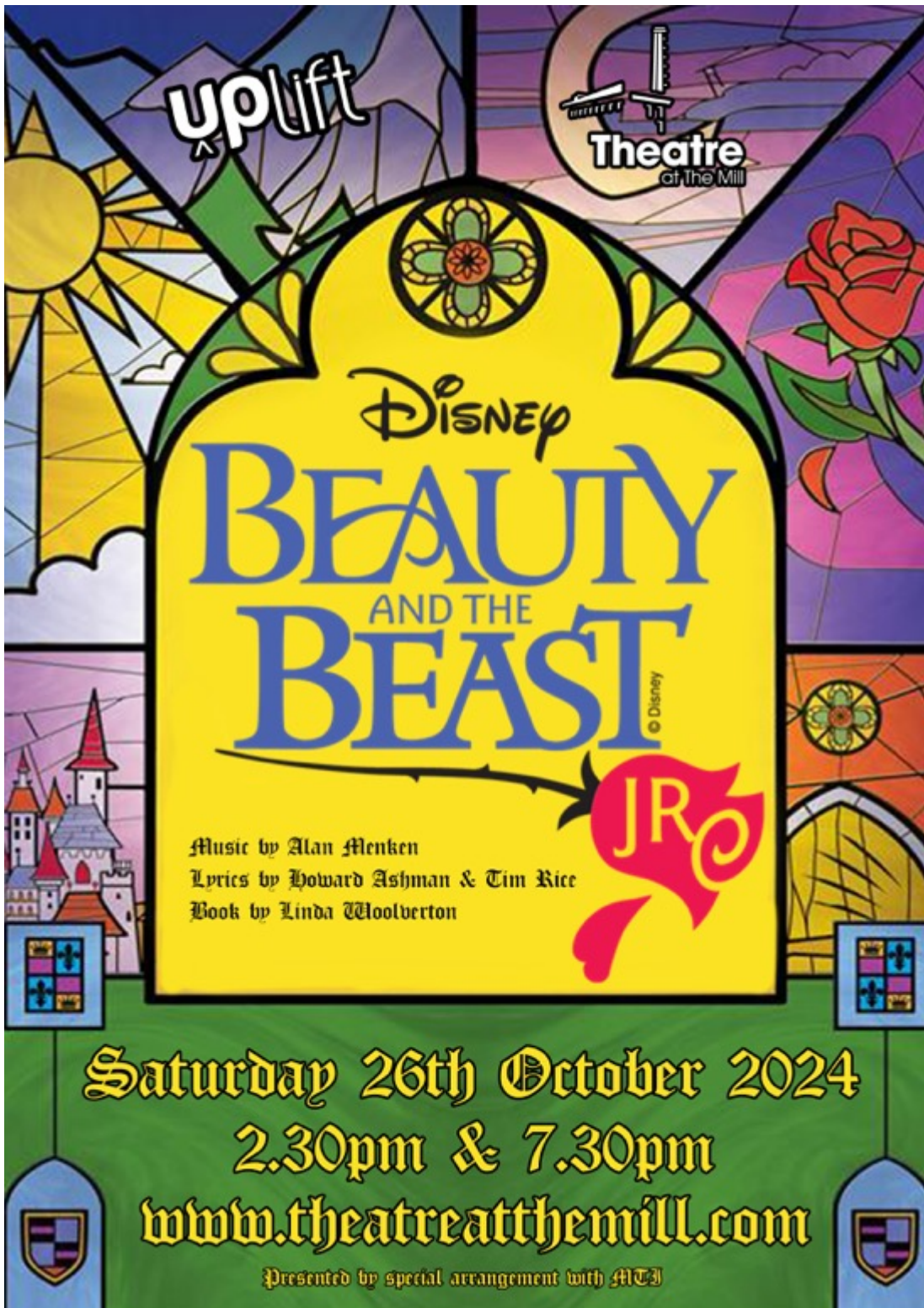


Please note: Some teams need additional help. If you think you can help, please contact Simon.

Please take note of church announcements regarding organisations using the church and possible need to put out and put away chairs each week. If possible, please liaise with the others in your group.

Thank you
Simon McDonald

Uplift



Thank you for supporting the local arts.
The Uplift Team

BB Heritage Museum

We kindly request your support in promoting our museum located on High Street, Carrickfergus, to your church members. We would also like to invite groups to visit, especially during the evenings, when we can open upon request.

Our museum offers guided tours and a brief history of the Boys' Brigade from its formation. Visitors can explore many of the 2,500 items in our collection. We are pleased to provide tea, coffee, and biscuits for a small charge of £3 per person. Additionally, everyone in attendance will receive a complimentary keyring.



The Heritage Society, established in August 2019, quickly evolved into a mobile museum, exhibiting in libraries and church halls. We became a registered charity in May 2023 (CCNI 109612). Since October 2023, we have been operating from a shop in Carrickfergus, open Tuesday to Saturday from 10 am to 12 pm and 2 pm to 4 pm, with evening visits available by appointment.

For further information or to book a visit, please contact us at heritage@bbeab.org.

HOLY TRINITY CARRICKFERGUS

THE BOYS' BRIGADE EAST ANTRIM BATTALION HERITAGE SOCIETY

Christmas Concert



TICKETS
£10

INCLUDES
LIGHT
SUPPER

With 3rd Carrick Band and the BB Centenary Choir
Holy Trinity Church, Prospect Road, Carrickfergus

Friday 6th December 2024

Doors 7pm Start 7-30pm

Tickets available from Drew Buchanan.

Sunday Services

Date	Reading Number	Reader	Title & Prayer Leader	Book	Chapter & Verses
6th October 2024	1st Reading	Andrew Hanley	HC	1 Thessalonians	Chapter 3 verses 1 - 8
	2nd Reading	Rev Alan McCann	Prayers Kel McDermott	Matthew	Chapter 28 verses 16 - 20
13th October 2024	1st Reading	Helen Fittis	Service of the Word	I Thessalonians	Chapter 3 verses 9 - 13
	2nd Reading	Joan Cummings	Prayers Rev Dr Alan McCann	Mark	Chapter 11 verses 15 - 19
20th October 2024	_____	_____	Harvest Thanksgiving	_____	_____
	_____	_____	Rev Dr Alan McCann	_____	_____
27th October 2024	_____	_____	Family Service	_____	_____

Colin McIlwaine