



HOLY TRINITY CHURCH



Leadership Team

Rev Dr Alan McCann	028 9336 2126
Lay Reader - Jack Blair	07766 527 552
Music Ministry – Louise Hanley	028 9332 8976
Rector's Warden – Terry Shimmon	07796 712 557
People's Church Warden – Joan Cummings	07484 688 075
People's Gleb Warden – Fred Shasko	07999 854 267
Select Vestry Secretary – Marjory Edgar	07912 747 118
GB Captain– Hannah Hulme	07889 052 993
BB Captain – Contact Admin Office	028 9335 5609
Contact for Light – Christine McDermott	07746 041 007
Church Admin Secretary	028 9335 5609

MARCH 2023

A Bible in their hands
A Saviour in their hearts
A Purpose in their lives

www.holytrinitycarrick.org.uk

Letter to Parishioners

Reading: Ephesians 4 verse 31



Dear parishioners,

I am sure you have heard people refer to some illnesses as “the silent killer.” I wonder have you ever thought about “the silent killers” in your life and in the fellowship of the church.

Allow me to suggest three: bitterness, resentment and self-pity. These are three silent killers that appear at some time or another in all our lives and in the life of a church fellowship.

Sometimes life is not all we had hoped for or planned for. You waken in the morning and have that sense of dread and foreboding in your heart and soul. The temptation is to become bitter and resentful about something or someone. The other temptation is to fall into the pit of self-pity and all the debilitating emotions and thoughts that accompany it. The temptation is to become disillusioned with life and to begin to stop coming to worship, to stop reading our bible and no longer to pray. The result is resentment and bitterness grow in our hearts and souls and self-pity flourishes even more. What are we to do?

One helpful place to start is to ask God for His protective hands to be around us, to hedge us in on all sides. We need to ask God to protect us from the powerful emotions and spiritual trouble that those three silent killers bring into our lives. Turning to God is always a good place to start. Paul then offers us some advice in the words of the verse above. Take a moment now and read it again, read it out loud as the bible was written to be read out loud and not just silently into ourselves.

Paul encourages us, in fact commands us, to put away all bitterness, wrath and anger. It was obviously there in the church at Ephesus, just as it is in our lives and therefore in the life of Holy Trinity. Whilst Paul’s command is easier said than done it still has to be carried out. We have a part to

play in riding such bitterness, resentment and self-pity from our lives and the life of the fellowship to which we belong.

If you have time now, turn to 1 Samuel 1 and read the story of Hannah. Hannah had all the reasons in the world to allow these three “silent killers” to take root and grow in her heart. Month after month, year after year and she was still not expecting a much longed for baby. What does she do? She pours her heart out to God in prayer and knowing she was heard she walked away in peace and at peace.

As Hannah left the Temple her circumstances had not changed, she still was not pregnant but what had changed was her spirit. Her heavenly Father had heard her prayer and freed her soul and mind from those “silent killers.” If you know Hannah’s story you know that God did indeed grant her prayer and the mighty man of God, Samuel, was born.

When we turn to God, like Hannah, and pray then God does protect us from these “silent killers.” Yet, we have a responsibility also to put them away from our heart, from our minds and from our fellowship. We are to give them no room but weed them out and place them before God in prayer. The best place for the situations and circumstances we do not understand, or cannot control, is in the hands of Almighty God. That is where they belong and then we can be at peace. So be encouraged today and do not let those “silent killers” steal away your peace or your joy in Christ.

God bless

Rev Dr Alan McCann

Storehouse



Storehouse continue to help those in need within our community. Please contact me if you have items of unwanted furniture and I will gladly arrange a collection.

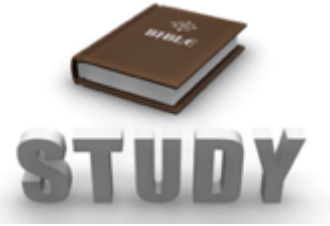
Thank you for your support.

Donna Harrison

Alan's Bible Study & Prayer Time

Bible Study continues on Wednesday's at 1.00pm. We will continue our study in the Psalms.

Please note the following day and times for prayer times and bible study:



Wednesday's

- | | |
|---------------|--|
| 1.00pm-2.00pm | - Lunch time Bible Study in the Bennett Room |
| 7.30pm-8.00pm | - Prayer Time - Kerr Room |
| 8.00pm-9.00pm | - Bible Study |

Everyone will be very welcome.

God bless

Rev Dr Alan McCann

Young At Heart



Our next meeting will be on Monday 6th March at 11.00 when w will be taking part in some armchair aerobics. No leotard or running shoes required but we are expecting a great morning of good advice and a lot of fun. We will have our usual cuppa and chat and look forward to seeing you there.

God Bless

Yvonne and her team

Carrickfergus Baby Bank

We thank you for the support and ask for donations of nappies, new baby grows, wipes, lotions, baby bath shampoo etc. Please place the items into the bin provided. The contents are delivered each month.

Holy Trinity Church
Holiday Bible Club Special

Friday 7th April 2023

10.30am - 12noon

All Primary School age children welcome



Fun, Craft, Bible Teaching,
Games, Refreshments

Don't Miss It!!!

Places limited. Online registration only:

holytrinitycarrick.org.uk

Fellowship Café at Holy Trinity



**Every Thursday
11am – 1pm**

We are quickly heading to the end of our ninth full year.

What an amazing journey it has been. As far as I can recall there have been no down times only good times. God has richly blessed us over these past nine years.

Our original aim was:

“to provide an opportunity for fellowship over a cup of tea” and that is still the case. We began as a humble café and that humility remains to this day.

We are not a business, so this allows us to concentrate on that aim without the concern of income. Had the café been set up as a business we would, like so many small concerns, be finding this current financial climate difficult. As you may know, we pass our profits to worthy causes so it is those causes that are not being served as well as in past years.

Thanks, however, to the generosity of our visitors we are maintaining the Fields of Life sponsorship of our two young children in Uganda. Praise the Lord.

Other causes will continue to be supported as and when the funds are available.

If you haven't yet visited us, please call in any Thursday, even if it's just to see what we do. A warm welcome is guaranteed. You can keep up to date by following us on facebook at:

“Holy Trinity Fellowship Café”

Yours in Christ's service,

Maurice Langley

God is good † all the time

Event: Our Designer World

1:1 **Answers**
IN GENESIS®
ukinfo@answersingenesis.org
0116 2708400

EVENT AT:

Jordan Victory Church
75 Woodburn Road
CARRICKFERGUS
Co. Antrim BT38 8PS
Church Office 028 93 438475

Our Designer WORLD

Sunday 12th March

Starting at **7:00pm** followed by refreshments and resources



featuring Prof. STUART BURGESS

BSc(Eng), PhD, CEng, FIMechE

Professor of Engineering Design at Bristol University.
Industry work has included the British Olympic Cycling Team,

everyone
WELCOME

Warm Room



Holy Trinity Church
Prospect Road
Carrickfergus



Every Wednesday 10am till 1pm
Starts 4th Jan, till 29th March 2023

Enjoy our warm living room, pleasant
company and free refreshments.

You'll be made very welcome!

Holy Trinity will open its doors and provide a warm space every Wednesday starting 4th January until Wednesday 29th March between 10am and 1pm.

Can you help please speak with Drew in the office as we need two people each week.

What Are Safe Warm Well-come centres? Safe Warm Well-come Centres should be free to use, warm, safe places where residents of Carrickfergus can expect a friendly and inclusive welcome. People can come along on their own, or with a friend, and talk to others over a hot drink or a hot meal and be encouraged to stay as long as they like. There can be activities provided, and those attending can get information packs with practical tips and advice on saving energy costs and keeping safe and warm at home as well.

WE will start with providing, tea and toast, newspapers, and games. Depending on numbers we might provide more food as the weeks progress.

Please pray for this new initiative.

Drew Buchanan

Select Vestry

If anyone wants an item raised at the Select Vestry please contact:

Marjory Edgar: secretary@holytrinitycarrick.org.uk

Drew Buchanan: treasurer@holytrinitycarrick.org.uk

or any member of SV. This includes booking the church hall for any events.

Marjory Edgar
Hon Secretary

Prayer Team

Alison Allen, Joan Harvey & Libby Todd



Two members of the Prayer Team will be meeting in the Prayer Room on Sundays after the service to lift your prayer slips. Two members will also be available at the front of the church to pray with you at this time each week. We will rotate in these roles so you will see different faces from week to week. Please do ask if you would prefer prayer in the privacy of the prayer room. The slips will continue to be lifted weekly and on 4 occasions as previously (usually over 4 weeks but may be over a longer period). Therefore, please do continue to make use of our prayer request box situated in the front hall of the church. As always, be assured that information on the slips remains confidential. We would encourage you to complete a prayer slip after you have attended for prayer so that we can continue to pray for your situation when we meet together.

If you would be interested in being part of the prayer team we ask that you consider this and know that we would dearly love to have your support. Please do approach one of us.

On behalf of the prayer team

Trinity Tots - Toddlers Group

Thursday mornings, 10.00am - 11.30am
for play, chat, snacks and singing.



Thursday mornings at 10.00-11.00am for play, snacks, singing and fun. Babies, toddlers and their carers will be assured of a warm welcome.

God Bless
Trinity Tots Team

Tea & Coffee Rota

Team	Team Members			
1	Ann Calvert	Tracey Bowden	Joanne Hunter	
2	Arlene Macartney	Hannah Hulme	Marilyn Hulme	
3	Lorraine Hagan	John Doherty	Gail Doherty	
4	Yvonne Best	Jennifer Hamilton	Gwen Wilson	Jean Jamison
5	Wenda Gray	Sue Majury	Eva Dunn	
6	Kel McDermott	Drew Buchanan	Karen Buchanan	
7	Lorraine Ross	Maureen Lunn	Adrienne Tasker	

Team	Dates			
1		12 th Mar	30 th Apr	18 th Jun
2		19 th Mar	7 th May	25 th Jun
3		26 th Mar	14 th May	
4		2 nd April	21 st May	
5		9 th April	28 th May	
6	26 th Feb	16 th Apr	4 th Jun	
7	5 th Mar	23 rd Apr	11 th Jun	

Karen Buchanan

Carrickfergus Food Bank (JVC Church)

We are asked to consider donating items suitable for Christmas now. These may include tinned ham, fruit, biscuits, chocolate, small selection packs etc. Tin carrots are also being requested at this time.

Please place into the 2 bins in the entrance hall. The food is delivered monthly.

Thank you for the continued support which is very much appreciated.

Welcome Team Rota

Teams	Dates	
Drew Buchanan Karen Buchanan		30 th April
Jack Blair Hazel Blair		7 th May
Liz Adair Janis Gibson		14 th May
Maureen Lunn Adrienne Tasker		21 st May
Eva Dunn Eleanor Steele		28 th May
Sharon McNeill Alison Moffett	26 th February	4 th June
Helen McQuitty Libby Todd	5 th March	11 th June
Arlene Macartney Wenda Gray	12 th March	18 th June
Ann Calvert Lorraine Hagan	19 th March	25 th June
Joanne Hunter Laura Kerr	26 th March	2 nd July
Yvonne Best Jennifer Hamilton Gwen Wilson	2 nd April	9 th July
Kel McDermott Maurice Langley	9 th April	16 th July
Donna Harrison Sue Majury	16 th April	23 rd July
Elaine Wright Joan Cummings	23 rd April	30 th July

Karen Buchanan

Holy Trinity Chair Rota – Mar 2023

Team 1	Team 2	Team 3	Team 4	Team 5
Kel McDermott	Dougie Hempton	Graeme Hunter	David Sprott	John Fittis
Colin McIlwaine	Simon McDonald	Jim McNerlan	Charlie Killow	Daniel Lafferty
Garry Richmond		Bert Macartney	Richard Hambleson	
Peter Moffett		Maurice Langley		

Team	Dates			
1		5 th Mar	2 nd Apr	7 th May
2		12 th Mar	9 th Apr	14 th May
3		19 th Mar	16 th Apr	21 st May
4		26 th Mar	23 rd Apr	28 th May
5			30 th Apr	



Please note: Some teams need additional help. If you think you can help, please contact Simon.

Please take note of church announcements regarding organisations using the church and possible need to put out and put away chairs each week. If possible, please liaise with the others in your group.

Thank you
Simon McDonald

Creche Rota –March 2023



5 th March	Laura Kerr	Maureen Lunn
12 th March	Arlene Macartney	Anne Langley
19 th March	Lauren Baird	Amy Moffett
26 th March	NO CRECHE Family Service	

Many thanks,
Laura Kerr

C.M.S Ireland Used Postage Stamps



The face on our new postage stamps may have changed to that of our new sovereign King Charles III, but the need to continue saving your used postage stamps remain the same. So keep up your very good effort. The money raised continues to support Christian based projects around Africa. The stamp box is in the usual place on the church table. And remember to leave a margin of envelope around the stamps.

Many thanks,
Yvonne Best

Uplift

A vibrant, collage-style poster for a movie musical. At the top left, the word "uplift" is written in a white, lowercase, sans-serif font with a small star above the 'i'. Below it, a man in a blue suit and top hat floats in the air, holding a cane. To his left is a carousel horse. To his right is a large, red, stylized windmill. In the background, a rainbow arches over a green, crystalline city. A yellow alien head is visible in the lower left. A large, glowing, marquee-style sign with a red border and white lights contains the word "MOVIE" in red, block letters and "Musicals" in a large, black, cursive font. Below the sign, the text "SATURDAY 25TH MARCH 2023" is written in a white, serif font. Below that, "TICKETS: ADULTS: €15 & CONCESSIONS €12" is written in a white, serif font. Below that, "MCNEILL THEATRE - 7.30PM" is written in a white, serif font. Below the text, the website "WWW.WEAREUPLIFT.COM" is written in a white, serif font. At the bottom, there is a row of social media icons: Facebook, Twitter, TikTok, a website icon for "WeAreUplift.com", an email icon, Instagram, and YouTube. The entire poster is set against a dark purple background with white stars and a film strip border at the bottom.

Thank you for supporting the local arts.
The Uplift Team

Sunday Services

Date	Reading Number	Reader	Title & Prayer Leader	Book	Chapter & Verses
5th March 2023	1st Reading	Lorraine Ross	HC Isaac - dirty wells are no use	Genesis	Chapter 26 verses 17 - 33
	2nd Reading	Rev Alan McCann	Prayers Ryan Moffett	John	Chapter 7 verses 37 - 39
12th March 2023	1st Reading	Hannah Hulme	MP Shimei - and the ghost that killed him	2 Samuel	Chapter 16 verses 5 - 14
	2nd Reading	Helen Annesley	Prayers Rev Alan McCann	1 Kings	Chapter 2 verses 1 - 9
19th March 2023	1st Reading	Christine McDermott	MP Mephiboseth - and his glorious wickedness	2 Samuel	Chapter 9 verses 1 - 13
	2nd Reading	Andrew Hanley	Prayers Jack Blair	2 Samuel	Chapter 19 verses 24 - 30
26th March 2023	1st Reading	_____	Family Service	_____	_____
	2nd Reading	_____	_____	_____	_____

Colin McIlwaine