



HOLY TRINITY CHURCH



Leadership Team

| | |
|---|---------------|
| Rev Dr Alan McCann | 028 9336 2126 |
| Lay Reader - Jack Blair | 07766 527 552 |
| Music Ministry – Louise Hanley | 028 9332 8976 |
| Rector's Churchwarden – Richard Hambleton | 07857 143 357 |
| People's Churchwarden – Karen Hambleton | 07767 157 037 |
| People's Glebewarden – Fred Shasko | 07999 854 267 |
| Select Vestry Secretary – Marjory Edgar | 07912 747 118 |
| GB Captain– Hannah Hulme | 07889 052 993 |
| BB Captain – Contact Admin Office | 028 9335 5609 |
| Contact for Light – Christine McDermott | 07746 041 007 |
| Church Admin Secretary | 028 9335 5609 |

FEBRUARY 2024

A Bible in their hands
A Saviour in their hearts
A Purpose in their lives

www.holytrinitycarrick.org.uk

HOLY TRINITY CARRICKFERGUS

Table of Contents

| | |
|---|-----------|
| <i>Letter to Parishioners.....</i> | <i>3</i> |
| <i>Alan's Bible Study & Prayer Time</i> | <i>10</i> |
| <i>Easter General Vestry.....</i> | <i>10</i> |
| <i>Select Vestry</i> | <i>14</i> |
| <i>Storehouse</i> | <i>15</i> |
| <i>From the Treasurer.....</i> | <i>11</i> |
| <i>Christians Against Poverty.....</i> | <i>15</i> |
| <i>Prayer Team.....</i> | <i>17</i> |
| <i>Trinity Tots - Toddlers Group</i> | <i>16</i> |
| <i>C.M.S Ireland Used Postage Stamps</i> | <i>18</i> |
| <i>GIFT AID</i> | <i>18</i> |
| <i>Fellowship Café at Holy Trinity.....</i> | <i>19</i> |
| <i>Aluka Secondary School.....</i> | <i>20</i> |
| <i>Young At Heart.....</i> | <i>17</i> |
| <i>Tea & Coffee Rota</i> | <i>22</i> |
| <i>Carrickfergus Baby Bank.....</i> | <i>22</i> |
| <i>Welcome Team Rota.....</i> | <i>23</i> |
| <i>Holy Trinity Chair Rota</i> | <i>24</i> |
| <i>Creche Rota –February 2024.....</i> | <i>25</i> |
| <i>Carrickfergus Food Bank (JVC Church).....</i> | <i>25</i> |
| <i>Uplift.....</i> | <i>25</i> |
| <i>Sunday Services.....</i> | <i>28</i> |

Letter to Parishioners

Reading: Philippians 4 verses 11-12



Dear Friends: WRESTLING IN PRAYER

You will need your bible open beside you as you read this letter. You will also need to set aside some time to go through it slowly. So make a cup of tea, find a comfortable chair in a

quiet place and begin.

Isn't it amazing how quick the pace of life is? Are you not astounded that every 18 months or so the speed of a computer doubles? We all use to think the WWW was quick with a dial up connection but now we have broadband and ISDN lines or fibre optics. We have instant everything. You can go and get your glasses made in an hour at vision express. You can do banking on line. Everything is at such a speed. Yet when it comes to prayer speed is not of any importance at all. In fact the one thing which we need in prayer is not speed but perseverance. We actually need to learn how to wrestle in prayer over a long period of time and not just in short bursts of speed. The truth is that for many believers today their prayer lives reflect the pace of their lives – hectic. Everything is hurried. Everything, even prayer, has to be slotted into a time frame. How often do you find yourself praying and your mind is wandering all over the place? You are actually thinking of things that you could, note I said could not should, be doing if you were not praying. We often even fall into the trap of thinking 'this time spent praying is wasted.' Ever found that thought in your head when you are praying or about to pray? Of course you have, we all have at some time. Yet we are exhorted by Jesus and the Word of God to pray and to not give up praying. So I want to encourage you to 'wrestle in prayer – 'basically to keep going over the long haul and to not give up or give in.

A Myth Slain.

Allow me right at the beginning of this letter to slay a myth in the area of ‘wrestling in prayer.’ It is quite common to hear people hold up the example of Jacob or the Syro-Phoenician woman who came to Jesus as examples of people who wrestled in prayer and got the answer they desired. The implications of what is said is that you should wrestle with God and not let Him go until He has answered. That sort of teaching in wrestling in prayer is quite common, you may even hold to it yourself but it is not biblical. Such teaching makes God out to be a reluctant giver of blessing. It makes out that we have to literally wrestle the answer out of God and wring out the blessings from His hands. Such an image of God is wrong. God is not reluctant to answer prayer, nor does He begrudgingly bless. Read these words spoken by Jesus in ***Matthew 7.10*** – the key phrase being ***‘how much more...’*** God does not hold on to blessings or answers until we somehow manage to prise them out of His grip. Let us remember that it was God who came to meet Jacob and to wrestle with Jacob. Jacob had deceived his brother, his father and sought to manipulate situations to fulfil the promise God had made to him – he would not wait on God’s time. In the struggle Jacob was changed by God and left with a limp to remind him of the night of wrestling with God. Jacob learnt that God was in control and he was blessed with far more than he had ever requested. He wanted a right relationship with Esau. Jacob got that. Far more importantly he also had a restored relationship with God.

So please understand that when I speak of ‘wrestling in prayer’ I am not talking about a struggle with God to get Him to answer. Many passages speak of God’s desire to hear and to answer our prayers, as we have seen over the past two weeks.

Wrestling in Prayer – so what do we mean by that phrase? I want to look at two aspects of ‘wrestling in prayer:’

Firstly, I want to look at Ephesians 6.10-12, 18 where we are instructed by Paul that we are in a spiritual battle when it comes to prayer and the Christian life.

Secondly, I want to encourage us all to persist in prayer, to wrestle in prayer over the long haul and not just the short term.

Spiritual Battle – Ephesians 6.10-12, 18. READ.

When you became a Christian the bible says you were ‘born again.’ Now let me ask you a question: Into what were you born? Physically at one stage you were born – born in a hospital, most likely. As a Christian when you were ‘born again’ you were born in to a battle. You were in fact born on a battle field and into an army engaged in a war. You and I are not always aware of the battle, but it is real and it is of eternal consequences. The truth is our prayer lives would be better if we were more aware of the spiritual battle which is raging all around us. By the very fact that we do not think about it, or don’t believe it there is such a battle raging, our prayer life suffers immensely.

Paul tells us in ***Ephesians 6*** that we are engaged in a battle against ***‘spiritual forces’*** which are evil, wicked and dark. Look closely at ***verses 11-12*** – notice how often the word ‘against’ appears. Here is the battleground of the Christian believer. It is not against people but against powers, authorities etc. Paul begins by saying it is against the ‘schemes’ or ‘wiles’ of the devil. The battle begins, continues and ends on the ground of ‘Truth.’ Do you see that? The wiles of Satan, literally the deceptions and the lies of Satan are what we stand against. Satan and his cohorts are the foe of every believer.

In ***Ephesians 1.19-22*** Paul has already spoken of the victory over these forces which Christ has won. I want you to note that in your bible. We are never exhorted to win the victory over Satan and his cohorts. The victory has already been won, on the Cross of Calvary. We are urged to stand firm in the victory won for us by Christ. Remember that – we stand in the victory we are not called to win what has already been won. That is a fact. These ‘powers and authorities’ are a defeated foe but they refuse to acknowledge defeat and at this moment in time they continue the spiritual battle against God and His kingdom. Paul says that they rule the realms

of darkness but in 5.8 he tells us that in Christ we have been freed from such darkness. But I want you to take note of what Paul says in **verse 18**. Did you notice what he instructs them to do? As they put on the armour of God, provided by God, they are ‘to pray.’ As the hymn writer wrote: ‘each piece put on with prayer.’ Paul warns the believers at Ephesus, and us, that they wrestle not with people but with spiritual beings whose character is wicked and whose realm is darkness. In **verse 18** Paul emphasises prayer in this struggle. In order to stand firm you need to put on the armour of God and you do this by prayer. Prayer is the calling for and the appropriating of the armour of God. Prayer is foundational in the deployment of all other parts of the armour of God. Note will you how often the word ‘all’ appears in this verse. Paul wants the believers at Ephesus to ‘stand firm’ and the only way for them to do that is to ‘wrestle in prayer.’

Friends when you come to pray remember Paul’s admonition ***‘be alert and pray.’*** Jesus had warned His disciples of the very same thing – ***Matthew 26.41***. Where did Jesus learn this lesson? I believe it was learnt during the time of His temptation in the wilderness, ***Matthew 4.1-11***. What is the temptation all about? Is it not about Satan trying to deceive Christ into going another way other than the cross? Was it not Christ’s battle against the powers and authorities of which Paul writes in Ephesians 6? If that is what Satan brought against Christ what will he bring against you?

In ***1 Peter 5.8*** we are warned that Satan prowls around seeking whom he may devour – that is destroy. When you come to pray remember there is one who is coming against you as you seek to pray. Remember that Satan and his cohorts will do all they can to stop you praying. Remember you are on a battlefield. Too many Christians think they are in a playground and are seeking toys for pleasure when they should be seeking weapons for war. Paul was under no illusions and he desired that the eyes of the believers at Ephesus would also be open to the spiritual reality around them. Oh, that our eyes too would be open to the spiritual battle going on right now for our souls and for our service for God. This struggle, this

wrestling never ends. The battle is continuous – that is why Paul urges them to pray continually. That is why Jesus urged His followers not to give up in prayer and that leads me to the second point of ‘wrestling in prayer.’

Perseverance.

You know we could learn a lot about persistence by observing children when they want something. They don't give in easily. They ask time and time again. Friends the truth is we give up on prayer very easily. We talk a good talk but we don't actually walk a good walk. We are not people who persevere in prayer. We encourage others not to give up on prayer but to ‘pray without ceasing.’ Yet the reality in our own lives is that we give up very quickly. If the answer seems to be a while in coming we fail to persevere in prayer. We lose heart very easily and give up.

Even a quick glance through the pages of Scripture sets before us time and again the example of people who persisted in prayer. **Abraham** repeatedly prayed for Sodom and Gomorrah, **Genesis 18**. God destroyed Sodom and Gomorrah but Abraham had persevered in prayer for their deliverance right up until God's wrath descended. **Moses** prayed for 40 days and nights to stay God's wrath against Aaron and the people of Israel in the wilderness, **Deuteronomy 9.18-29**. God heard and spared those who repented. **Elijah** prayed 7 times before the rain cloud appeared **1 Kings 18.44**. Look at **1 Samuel 1** and the story of **Hannah**, Samuel's mother, who year after year went up to the temple to ask God for a son. Eli, the priest, misunderstood and thought she was drunk but God had not only heard her prayer He also answered it. She persisted year after year. She wrestled in prayer year after year. **1 Samuel 1** tells us of the anguish of her soul as she prayed. I am sure there were many occasions in Hannah's prayers that tears flowed but she did not give up and she did not give in – she persisted in prayer. **Daniel** prayed for 3 weeks before God answered, **Daniel 10**. **Nehemiah** prayed persistently when rebuilding the walls of Jerusalem. When the **Canaanite woman** came to Jesus seeking healing for her daughter she persisted until he heard her cry and answered,

Matthew 15.21-28. *Blind Bartimaeus* did not give in, he did not give up. He persisted in his cries until Jesus heard him and healed him, **Mark 10.46-52.** The *four men* did not give up when they saw the crowd outside the house where Christ was, **Luke 5.17-26.** They climbed on to the roof, opened a hole in the ceiling and lowered their friend down before Christ to be healed. **Jesus** taught His disciples to be persistent in prayer in the parable of the persistent widow, **Luke 18.1-8.** Her case was answered because she did not give in and kept asking until the judge heard her case and answered her cause. Throughout all those passages there is one glaring lesson – perseverance in prayer. None of them gave up until God had answered.

The superficial pray-er will give up when no answer appears to be forthcoming. The superficial pray-er will go silent and move on when time seems to pass and no answer is forthcoming. But the man of prayer hangs on and perseveres in prayer. He follows the example of the men and women of faith in the scriptures and does not give in or give up.

The man or woman of prayer follows the example of Christ who persisted in prayer until an answer came from His heavenly Father. Turn to **Matthew 26.36-45.** This is a familiar passage to us all but we often fail to understand its significance in teaching us to wrestle in prayer. I wrote at the beginning of this letter that we had to slay the myth concerning wrestling in prayer that we persist until God reluctantly gives an answer or we prise a blessing from His hands. Does the Garden of Gethsemane not kill that lie? Jesus, the beloved, the only-begotten of the Father, is praying and asking if there is any other way for mankind to be saved and for atonement to be made then let it be so. He is sweating drops of blood in His pleading before His Father. He was pleading for His Father to lift this cup of salvation from Him. He persevered until the answer came. Three times He returns to this prayer and at the end of the third time of prayer He hears the answer in the sound of the feet of Judas and the soldiers coming to arrest Him. I hope you notice that when the answer comes Christ gets up and walks towards the answer – the Cross. You can

say three times is not very often but I want you to stop and think on this for a moment. All through His life Jesus knew why He had come. Don't you think that at this moment, in the garden, He was articulating a prayer He had spoken many times to His Father? Do you really believe that it was just at this moment that He decided to pray this prayer? What do you think the Temptation of Jesus in the wilderness was all about? Was it not about perseverance in prayer? Now in the garden, knowing that death was a matter of hours away, Jesus focuses His prayer on the very purpose of His life – His death.

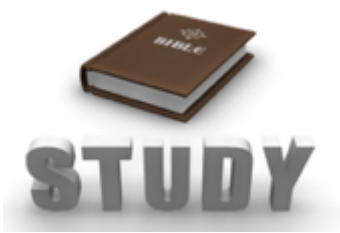
Friends, if our heavenly Father desired His only begotten Son to persist in prayer until an answer came then why would He desire anything different from you and I this morning? We give up so very easily. We give in and our prayers go silent all too soon. We need to learn the discipline of wrestling in prayer. We need to remind ourselves that the wrestling is part of the battle in to which we were born when we came to faith in Christ. We need to be aware that our enemy, Satan, will do all in his power to stop us from praying. We need to take deep into our hearts and minds that prayer is the foundation block to putting on the armour of God which will help us stand firm in the knowledge of the victory Christ has won for us.

We need to learn perseverance in prayer. We need that discipline and practice of persevering until an answer comes, even if it is years in coming. Athletes talk about 'muscle memory.' That is where they do something repeatedly so that it becomes second nature to them. They repeat the action so that even under pressure their muscles instinctively know what to do. They persevere in doing this time and time again, so that when the moment comes they know it will happen. You know some of you have persevered for years learning to play the piano, to play golf, to do a certain thing. You had the willpower and the determination to stick at it and to reap the benefits from it. Today can I encourage, and challenge, you to wrestle in prayer. That we can only do by actually doing it. By being people who pray over the long haul. Who reject the 'instant

answer mentality of this world and have 'eternity' written on our hearts and minds.

God bless
Rev Dr Alan McCann

Alan's Bible Study & Prayer Time



Bible Study resumes on Wednesday 10th January at 1.00pm. We will continue our study in the Psalms. Please note the following day and times for prayer times and bible study:

Wednesday's

- | | |
|---------------|--|
| 1.00pm-2.00pm | - Lunch time Bible Study in the Bennett Room |
| 7.30pm-8.00pm | - Prayer Time - Kerr Room |
| 8.00pm-9.00pm | - Bible Study |

Everyone will be very welcome.

God bless
Rev Dr Alan McCann

Easter General Vestry

This list will be open during the calendar month of February 2024. If you have already registered you do not need to do so again. although, if you have moved addresses you need to notify the office and sign a new registration form.

Forms will be available each Sunday morning from the Church Wardens. You must be 18 years and over and have given a recorded financial sum to the parish in the previous 12 months. You sign as a

resident member or an accustomed member if you live outside the parish boundary. The rector will happily help if you are unsure of the boundary in relation to your address.

The register closes at the end of February and will be updated at the Select Vestry meeting in March.

Being registered entitles you to attend and vote at the Easter General Vestry.

God bless
Select Vestry

From the Treasurer

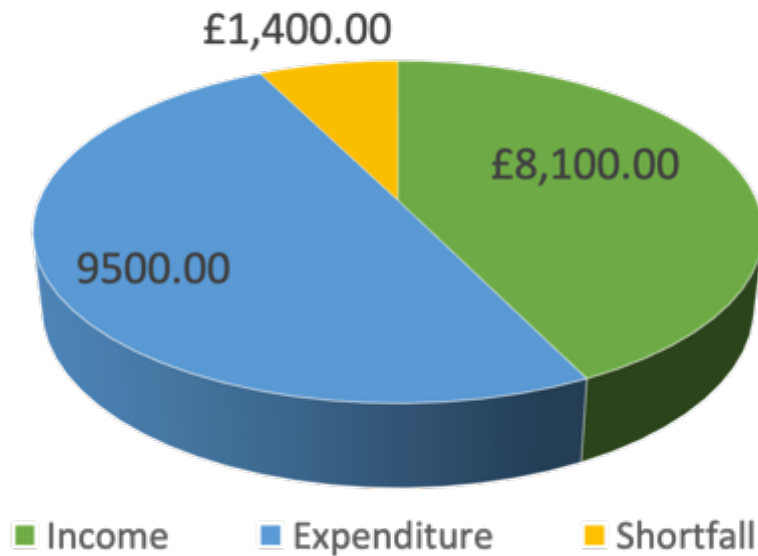


Good Morning, I have been your church treasurer from 2012 and each year I present a budget to the November Vestry about the year ahead. I presented the budget in November 2023 and the vestry discussed it at the December 2023 meeting.

| Expenses by month | Budget 2024 | | Income | £8,100.00 |
|---|------------------|--|-------------|-----------|
| | | | Expenditure | £9,500.00 |
| | | | Shortfall | £1,400.00 |
| Rectory Expenses | £250.00 | | | |
| Stipend and Pension etc | £4,211.00 | | | |
| Musical Director, Cleaner and Admin Secretary | £1,875.00 | | | |
| Heat and Light | £900.00 | | | |
| Gen Fund Diocese of Connor | £800.00 | | | |
| Allocations | £600.00 | | | |
| NIC and Tax | £430.00 | | | |
| Church Expenses | £370.00 | | | |
| Misc | 64.00 | | | |
| | £9,500.00 | | | |
| FWO | £6,000.00 | | | |
| Gift Aid | £1,600.00 | | | |
| organisations + other | £500.00 | | | |
| | £8,100.00 | | | |

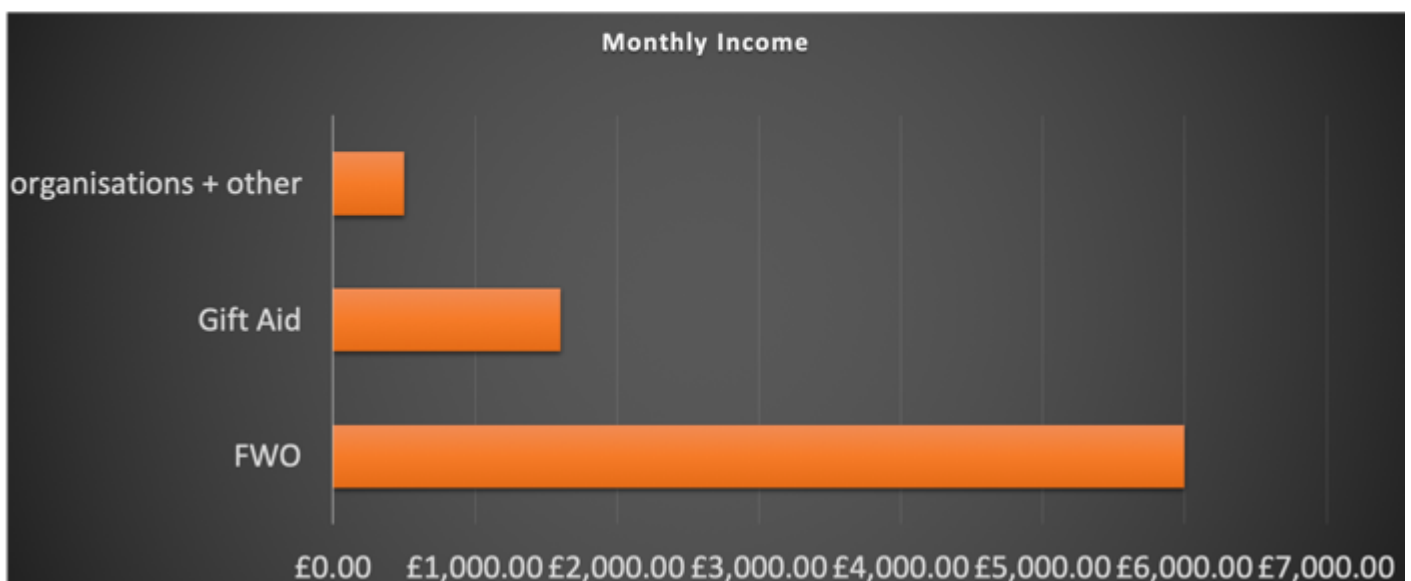
It very straight forward.

Income V Expenditure



We are going to overspend in 2024 by £16800, £1400 per month or £325 per week or £3 per person per week.

Projected Income

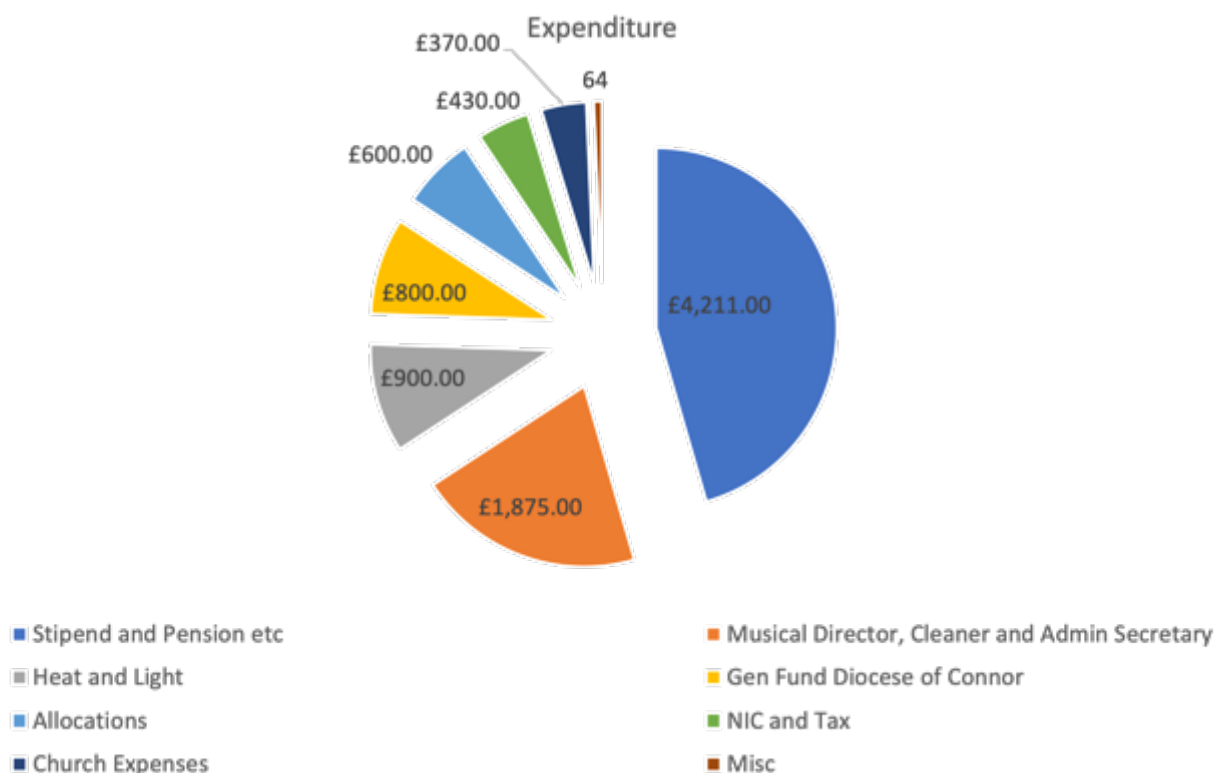


I want to leave that thought with you and I'll return to it later.

In 2013 we collected £100841.70 between free will offering and Building Fund with 250 sets of envelopes issued with 177 used. In 2023 we collected £100137.35 with 80 set issued, 53 used but we have 72 donating by Standing Order. So 125 donating in 2023. So fewer people giving the same money.

I want to take this opportunity to thank you for your generosity over the years and to encourage you as Holy Trinity Family that we are truly blessed by your offering and that's why we are asking everyone again to review their giving.

In December this year we will have paid off the mortgage as I like to call it on the building. Not everyone contributes via the Building Fund but we generally cover the mortgage costs with your donations. If we could continue that into 2025 that would be fantastic. So towards the end of this year some of you might want to increase your FWO by your building Fund donation of just leave it as we have renamed the Fund “**Building Your Kingdom**” Fund. This allows us to fund outreach programme and the like moving forward.



So the challenge for us all is our general fund, and thank you to those who have increased their giving this year already. I need to encourage everyone but particularly those paying by standing order, as this take a bit of time, to review prayerfully your giving and amend your standing order via your bank.

I cannot do it for you.

So as I said earlier the over spend equates to £3 per person so If everyone could give £3 per week more we can cover the expenses and to those who don't contribute at all please pray about giving something in the future. To those who are able don't stop at £3 as I know not everyone will increase their giving.

Whilst you are carefully considering your increase in giving I will continue to advise the vestry that they need to reduce expenditure. The vestry must act in the best interest of the Charity and I will request them once again to review expenditure.

I will be giving a report on last year finances at the Easter Vestry on March 20th. Please make an effort to attend.

Drew Buchanan MBE
Honourable Treasurer

Select Vestry

If anyone wants an item raised at the Select Vestry please contact:

Marjory Edgar: secretary@holytrinitycarrick.org.uk

Drew Buchanan: treasurer@holytrinitycarrick.org.uk

or any member of SV. This includes booking the church hall for any events.

Marjory Edgar
Hon Secretary

Storehouse



Storehouse continue to help those in need within our community. Please contact me if you have items of unwanted furniture and I will gladly arrange a collection.

Thank you for your support.

Donna Harrison

Christians Against Poverty



Carrick Vineyard Church has partnered with charity Christians Against Poverty (CAP) to provide expert financial education in the local community.

Money Coach, Gina Adams who will be leading the new course, says, ‘With the soaring cost of living over the last few years, we’ve seen how important it is that people know how to successfully manage their money, whatever their income. It’s vital that we know how to balance what we have, save for emergencies and stay out of debt.

Our money coaching course is here to equip people in Carrickfergus to do that. We’ll look at things like building and balancing a household budget, prioritising spending and keeping our finances stable into the future.

‘Money coaching isn’t just about getting to grips with money practically – it’s about helping people find the freedom that comes with being in control of their finances. It can impact mental health, physical health, relationships, work life and self-belief.

‘Plus, there’s an amazing sense of achievement when you reach a goal, like finally being able to buy something you’ve been saving up for. Managing money well can be so rewarding!’

Gina adds, 'The course is completely free and will run over four weeks at Carrickfergus Vineyard Church. There's something for everyone to learn – from those who have never used a budget before to those who simply want to re-evaluate their financial situation. All are welcome!'

Money coaching will start on Tuesday 6 February at 7:30pm for 4 weekly sessions. Sign up at <https://capuk.org/get-help/get-to-grips-with-your-finances?step-two=show&find=money-course&postcode=BT38+8QB>

Session dates

Tuesday 6 February 2024 at 7:30pm

Tuesday 13 February 2024 at 7:30pm

Tuesday 20 February 2024 at 7:30pm

Tuesday 27 February 2024 at 7:30pm

29 Lancasterian Street
Carrickfergus
Bt38 7AB

Trinity Tots - Toddlers Group

Thursday mornings, 10.00am - 11.30am
for play, chat, snacks, singing and lots of fun.



Thursday mornings 10.00-11.30 for play, singing and refreshments. Babies, toddlers and their carers assured of a warm welcome.

God Bless

Trinity Tots Team

Prayer Team

Alison Allen, Joan Harvey & Libby Todd



Two members of the Prayer Team will be meeting in the Prayer Room on Sundays after the service to lift your prayer slips. Two members will also be available at the front of the church to pray with you at this time each week. We will rotate in these roles so you will see different faces from week to week. Please do ask if you would prefer prayer in the privacy of the prayer room. The slips will continue to be lifted weekly and on 4 occasions as previously (usually over 4 weeks but may be over a longer period). Therefore, please do continue to make use of our prayer request box situated in the front hall of the church. As always, be assured that information on the slips remains confidential. We would encourage you to complete a prayer slip after you have attended for prayer so that we can continue to pray for your situation when we meet together.

If you would be interested in being part of the prayer team we ask that you consider this and know that we would dearly love to have your support. Please do approach one of us.

On behalf of the prayer team

Young At Heart



On Monday 5th February we will be meeting at St Nicholas Church at 10.50am for a tour. Afterwards we will be having our refreshments at The Glasshouse Cafe. We are looking forward to seeing you there.

God Bless

Yvonne and her team

C.M.S Ireland Used Postage Stamps



Well done and thank you to all who have contributed to our stamp appeal over the Christmas period. Even though there are less cards/letters being posted now, you have still managed to fill my box. The stamp box will remain on the church table throughout the year because CMS Ireland still manage to gain an income through the sale of them.

Remember to leave a small envelope border around the stamps otherwise they are not viable.

Many thanks,
Yvonne Best

GIFT AID

Gift Aid is a source of income received back from HMRC after the treasurer makes a claim. If you once paid income tax and now no longer do, please advise Drew as a matter of urgency.

If you have just started paying income tax and have not signed a gift aid form, please see Drew as soon as possible.

Gift Aid increases your given by 25%.

Thank you in advance.

Drew Buchanan MBE
Honourable Treasure

Fellowship Café at Holy Trinity



**Every Thursday
10.30am – 12.30pm**

After a short break over Christmas
we will re-open on **Thursday January 4th**.

WOW!!!! That was a quick month. No sooner were we telling you we are about to re-open after the Christmas break and now, here we are into February.

We have had another good month in relation to the number of visitors we have welcomed and their generosity has already enabled us to support Crohns and Colitis UK and Holy Trinity Church along with fulfilling the sponsorship of our two young children in Uganda.

In April 2024 we celebrate our 10th anniversary. We give thanks to God for His many blessings in the past and we look forward to Him revealing His plan for us for the future

Please, pray for our team. We are all volunteers who devote our time and talents to serve the living God in this place.

There are still some members of our congregation who have yet to visit us so can we encourage you, if you are able, to please call in any Thursday morning, even if it's just to see what we do. If you enjoy the experience please tell your friends, if you don't enjoy it please tell us.

You can keep up to date by following us on facebook at:
"Holy Trinity Fellowship Café"

Yours in Christ's service,

Maurice Langley

God is good † all the time

Aluka Secondary School

in Zombo district in North Eastern Uganda



We were blown away by the support of Holy Trinity Carrick and their recent gift of £10,000 to enable Fields of Life to raise the total funds required for a girls dormitory for Aluka Secondary School, located in Zombo District in North Eastern Uganda. I want to share a short update with you on the progress of this project before we finish up for Christmas.

Unfortunately, there has been very heavy rainfall in the region which has caused some delays. However, we are delighted that the building will be complete before the new academic starting early 2024. I cannot imagine how excited these precious young girls will be to arrive at school for Term 1 next year to a new dormitory, providing them with the safety and security they need and deserve while at school.

At present, the roof covering has been completed and works are starting on the doors and windows. The girls toilet block has been completed. I have attached some photos to show you the progress which I hope are encouraging.



Once again, thank you for your incredible support and for giving hope to this community.

Helen D'Arcy
Fields of Life

Tea & Coffee Rota

| Team | Team Members | | | |
|------|------------------|-------------------|-----------------|--------------|
| 1 | Ann Calvert | Tracey Bowden | Joanne Hunter | |
| 2 | Arlene Macartney | Hannah Hulme | Marilyn Hulme | |
| 3 | Lorraine Hagan | John Doherty | Gail Doherty | |
| 4 | Yvonne Best | Jennifer Hamilton | Gwen Wilson | Jean Jamison |
| 5 | Wenda Gray | Sue Majury | Eva Dunn | |
| 6 | Kel McDermott | Drew Buchanan | Karen Buchanan | |
| 7 | Lorraine Ross | Maureen Lunn | Adrienne Tasker | |

| Team | Dates | |
|------|----------------------|----------------------|
| 1 | | 3 rd Mar |
| 2 | | 10 th Mar |
| 3 | 28 th Jan | 17 th Mar |
| 4 | 4 th Feb | 24 th Mar |
| 5 | 11 th Feb | 31 st Mar |
| 6 | 18 th Feb | 7 th Apr |
| 7 | 25 th Feb | 14 th Apr |

Karen Buchanan

Carrickfergus Baby Bank

We thank you for the support and ask for donations of nappies, new baby grows, wipes, lotions, baby bath shampoo etc. Please place the items into the bin provided. The contents are delivered each month.

Welcome Team Rota

| Teams | Dates | |
|---|----------------------|----------------------|
| Jenny Wightman Karen Buchanan | | 18 th Feb |
| Jack Blair Hazel Blair | | 25 th Feb |
| Liz Adair Janis Gibson | | 3 rd Mar |
| Maureen Lunn Adrienne Tasker | | 10 th Mar |
| Eva Dunn Eleanor Steele | | 17 th Mar |
| Sharon McNeill Alison Moffett | | 24 th Mar |
| Libby Todd | | 31 st Mar |
| Arlene Macartney Wenda Gray | | 7 th Apr |
| Ann Calvert Lorraine Hagan | | 14 th Apr |
| Joanne Hunter Laura Kerr | | 21 st Apr |
| Yvonne Best Jennifer Hamilton Gwen Wilson | | 28 th Apr |
| Kel McDermott Maurice Langley | 28 th Jan | 5 th May |
| Donna Harrison Sue Majury | 4 th Feb | 12 th May |
| Elaine Wright Joan Cummings | 11 th Feb | 19 th May |

Karen Buchanan

Holy Trinity Chair Rota

| Team 1 | Team 2 | Team 3 | Team 4 | Team 5 |
|-----------------|----------------|-----------------|-------------------|-----------------|
| Kel McDermott | Dougie Hempton | Graeme Hunter | David Sprott | John Fittis |
| Colin McIlwaine | Simon McDonald | Jim McNerlan | Charlie Killow | Daniel Lafferty |
| Garry Richmond | | Bert Macartney | Richard Hambleson | |
| Peter Moffett | | Maurice Langley | | |

| Team | Dates | | | |
|------|----------------------|----------------------|----------------------|----------------------|
| 1 | | 4 th Feb | 3 rd Mar | 7 th Apr |
| 2 | | 11 th Feb | 10 th Mar | 14 th Apr |
| 3 | | 18 th Feb | 17 th Mar | 21 st Apr |
| 4 | 28 th Jan | 25 th Feb | 24 th Mar | 28 th Apr |
| 5 | | | 31 st Mar | |



Please note: Some teams need additional help. If you think you can help, please contact Simon.

Please take note of church announcements regarding organisations using the church and possible need to put out and put away chairs each week. If possible, please liaise with the others in your group.

Thank you
Simon McDonald

Creche Rota –February 2024



| | | |
|---------------------------|--------------------------|---------------|
| 4 th February | Gemma Fittis | Lorraine Ross |
| 11 th February | Caroline Rafferty | Laura Kerr |
| 18 th February | NO CRECHE FAMILY SERVICE | |
| 25 th February | Maureen Lunn | Anne Langley |

Many thanks,
Laura Kerr

Carrickfergus Food Bank (JVC Church)

Please place non-perishable donations into the 2 black bins in the entrance hall. The food is delivered monthly.

Thank you for the continued support which is very much appreciated.

Uplift



uplift

**DESSERT
THEATRE**

Saturday 24th February - 7pm
2 Act Show and plenty of sweets
Holy Trinity Woodburn, Carrickfergus

Adults: £12, Children £10
Book your ticket by contacting
our production office.

info@weareuplift.com
07840453723
WeAreUplift.com

uplift

Variety

SATURDAY 23rd MARCH 2024
McNeill Theatre, Larne - 7.00pm
ADULTS: £15 & CONCESSION £13

WWW.WEAREUPLIFT.COM/EVENTS

WeAreUplift.com

Thank you for supporting the local arts.
The Uplift Team

Sunday Services

| Date | Reading Number | Reader | Title & Prayer Leader | Book | Chapter & Verses |
|--------------------|----------------|------------------|----------------------------|--------|---------------------------|
| | | | | | |
| 4th February 2024 | 1st Reading | Andrew Hanley | HC Bartimaeus | Isaiah | Chapter 55 verses 1 - 9 |
| | 2nd Reading | Rev Alan McCann | Prayers Kel McDermott | Mark | Chapter 10 verses 46 - 52 |
| | | | | | |
| 11th February 2024 | 1st Reading | Gail Doherty | Cana's Wedding | Psalms | Psalms 34 verses 1 - 10 |
| | 2nd Reading | David Sprott | Prayers Rev Alan McCann | John | Chapter 2 verses 1 - 12 |
| | | | | | |
| 18th February 2024 | 1st Reading | Joan Cummings | Zaccheus | Isaiah | Chapter 52 verses 7 - 12 |
| | 2nd Reading | Rebecca Phillips | Prayers Yvonne Best | Luke | Chapter 19 verses 1 - 10 |
| | | | | | |
| 25th February 2024 | Reading | Alison Moffett | Family Service | Luke | Chapter 7 verses 18 - 35 |
| | _____ | _____ | _____ | _____ | _____ |

Colin McIlwaine